



BREAKFAST

SERVED UNTIL 12PM

- FULL WELSH BAP 7.50
- BACON, SAUSAGE, HASH BROWN & EGG
- BREAKFAST BAPS 4.95
- BACON / SAUSAGE (VGA) / EGG (V)
- THICK TOAST, BUTTER & PRESERVES (V) 2.75
- TOASTED TEACAKE (V) 3.25

BREAKFAST EXTRAS

- BACON SAUSAGE
- EGG HASH BROWN



LIGHT BITES

CIABATTAS – ALL SERVED WITH SALAD, CRISPS & SLAW

- ROASTED TOMATO & RED PEPPER CIABATTA WITH GOAT'S CHEESE, NUT FREE PESTO & ROCKET (V/VGA) 9.95
- TUNA MAYONNAISE, CHEESE & RED ONION CIABATTA 10.95
- HAM & CHEESE CIABATTA 10.95
- CRISPY CHICKEN GOUJONS, MOZZARELLA, ROCKET & NUT FREE PESTO ON A TOASTED CIABATTA 11.95

SIDES

- BEANS (V) 1.95
- GRAVY (V) 1.95
- CURRY (V) 1.95
- COLESLAW (V/GF) 2.50

FRIES

- SMALL (V/GF) 3.95
- LARGE (V/GF) 4.95

Rainforest Diner



12" STONEBAKED PIZZAS

- MARGHERITA MOZZARELLA, SUN DRIED TOMATO & NUT FREE PESTO DRIZZLE (V) 12.95
- AMERICANO PEPPERONI, JALAPENO & HOT HONEY DRIZZLE 15.95
- MEAT FEAST HAM, SAUSAGE & PEPPERONI 15.95
- VEGGIE SUPREME SWEETCORN, MUSHROOM, RED ONION & PEPPERS (V) 14.95
- GOAT'S CHEESE GOAT'S CHEESE, TOMATO, BALSAMIC & FRESH ROCKET (V) 15.95



FAMILY SHARER

PIZZA & FRIES

ANY PIZZA + ANY 2 LOADED FRIES 29.50

BEACH BURGERS

ON A BRIOCHE BUN (VGA), WITH LETTUCE & RED ONION SERVED WITH FRIES & SLAW

- SMASHED BURGERS WITH BURGER SAUCE
 - CLASSIC SMASHED BEEF BURGER 14.95
 - CHEESEBURGER 15.95
- CHICKEN BURGER
 - CHICKEN FILLET BURGER (GFA) WITH CHIPOTLE MAYO 14.95
- MEAT FREE BURGER
 - LENTIL & SPINACH BURGER WITH VEGAN CHEESE (NO SLAW) (V/VG) 14.95



LOADED FRIES

ALL 7.95

- SEASIDE SIZZLER FRIES COATED IN SALT & CHILLI SEASONING, TOPPED WITH SHREDDED SALT AND PEPPER CHICKEN, PEPPERS, ONIONS, SWEET CHILLI SAUCE & FRESH CHILLI
- CLASSIC COMBO CRISPY BACON, NACHO CHEESE SAUCE & CRISPY ONION (GF)
- MIGHTY MIXED BEAN VEGAN BEAN CHILLI, WITH SOUR CREAM & CRISPY ONION (V/VGA)
- SALSA SUPREME TOMATO SALSA WITH ONIONS, PEPPERS & JALAPENO (VG/GF)

KIDS' MEALS

ALL 6.95

- CHICKEN GOUJONS, FRIES & BEANS OR PEAS (VGA)
- FISH GOUJONS, FRIES & BEANS OR PEAS (GFA)
- SAUSAGE, FRIES & BEANS OR PEAS (VGA)
- CHEESE & TOMATO PASTA WITH GARLIC BREAD (V/VGA)
- HAM OR CHEESE SANDWICH, CUCUMBER & CRISPS



ROOM FOR DESSERT?

WHY NOT ENJOY SOME LUXURY ICE CREAM

AVAILABLE IN A VARIETY OF FLAVOURS



- V = VEGETARIAN VA = VEGETARIAN AVAILABLE
- VG = VEGAN VGA = VEGAN AVAILABLE
- GF = GLUTEN FREE GFA = GLUTEN FREE AVAILABLE

PLEASE ADVISE A MEMBER OF STAFF IF YOU HAVE ANY ALLERGIES OR FOOD INTOLERANCES AS SOME DISHES MAY CONTAIN INGREDIENTS NOT LISTED ON THE MENU.



BRECWAST

AR GAEL TAN 12PM

RHÔL BRECWAST CYMREIG 7.50

BACWN, SELSIG, HASH BROWN AC WY

RHÔL BRECWAST 4.95

BACWN / SELSIG (LLA) / WY (LL)

TOST, MENYN A JAM (LL, DGA) 2.75

CACEN DE WEDD'Ū THOSTIO (LL) 3.25

YCHWANEIADAU

BACWN
SELSIG

WY
HASH BROWN

POB UN
1.75

PRYDAU YSGAFN

ADIO
SGLODS
2.50

CIABATTAS – GYDA SALAD, CREISION A CHOLSLO

CIABATTA TOMATO A PHUPUR COCH WEDD'Ū ROSTIO GYDA CHAWS GAFR, PESTO HEB GNAU A BERWR Y GERDDI (LL/FA) 9.95

CIABATTA TIWNA MAYONNAISE, CAWS A NIONYN COCH 10.95

CIABATTA HAM A CHAWS 10.95

CIABATTA GOIJONS CYW IÂR, MOZZARELLA, BERWR Y GERDDI A PESTO HEB GNAU 11.95

AR YR OCHR

FFA POB (LL)	1.95	BACH (LL/DG)	3.95
GREFI (LL)	1.95	MAWR (LL/DG)	4.95
CYRI (LL)	1.95		
COLSLO (LL/DG)	2.50		

SGLODS

NINJA
TAG
ACTIVE



Bwyty Coedwig Law



PITSA 12" WEDD'Ū POBI AR GARREG

MARGHERITA

MOZZARELLA, TOMATO HEULSYCH A PESTO HEB GNAU (LL) 12.95

AMERICANO

PEPERONI, JALAPENO A MÊL POETH 15.95

GWLEDD O GIGOEDD

HAM, SELSIG A PEPPERONI 15.95

LLYSIEUOL

INDIA-CORN, MADARCH, NIONYN COCH A PHUPUR (LL) 14.95

CAWS GAFR

CAWS GAFR, TOMATO, BALSAMIG A BERWR Y GERDDI (LL) 15.95

RHANNU GYDA'R TEULU

UNRHYW BITSA AC UNRHYW 2 SGLODS WEDD'Ū LLWYTHO 29.50

PITSA A SGLODS

BYRGYRS Y TRAETH

ADIO SLOGS
WEDD'Ū
LLWYTHO 3.00

AR FYNSEN BRIOCHE (FA) GYDA LETYS A NIONOD COCH, A SGLODION A CHOLSLO

BYRGYRS WEDD'Ū GWASGU GYDA SAWS BYRGYR

BYRGYR CIG EIDION CLASUROL WEDD'Ū WASGU 14.95

BYRGYR CAWS 15.95

BYRGYR CYW IÂR

BYRGYR FFILED CYW IÂR (DGA) 14.95
GYDA MAYONNAISE CHIPOTLE

BYRGYR LLYSIEUOL

BYRGYR FFACBYS A SBIGOLYS 14.95
GYDA CHAWS FIGAN (DIM COLSLO) (F)

SGLODS WEDD'Ū LLWYTHO

POB PRYD 7.95

Y 'SIZZLER'

CYW IÂR HALEN A PHUPUR GYDA NIONOD, PUPUR A SGLODION HALLT A TSILI, GYDA SAWS TSILI MELYS A TSILI FFRES

Y CLASUR

BACWN, SAWS CAWS NACHO A NIONOD CRENSIOG (DG)

FFA CYMYSG

TSILI FFA FIGAN, HUFEN SUR A NIONOD CRENSIOG (LL, FA)

SALSA

SALSA TOMATO GYDA NIONOD, PUPUR A JALAPENO (F, DG)

PRYDAU PLANT

POB PRYD 6.95

GOIJONS CYW IÂR, SGLODION A FFA POB NEU BYS (FA)

GOIJONS PYSGOD, SGLODION A FFA POB NEU BYS (DGA)

SELSIG, SGLODION A FFA POB NEU BYS (FA)

PASTA TOMATO A CHAWS GYDA BARA GARLLEG (LL,FA)

BRECHDAN HAM NEU GAWS GYDA CHIWCYMBR A CHREISION

YCHWANEU
SLWSH
2.00

LLE AM BWDIN?

BETH AM HUFEN IÂ MOETHUS?

AR GAEL MEWN AMRYWIAETH O FLASAU



LL = LLYSIEUOL LLA = LLYSIEUOL AR GAEL
F = FIGAN FA = FIGAN AR GAEL
DG = DI-GLWTEN DGA = DI-GLWTEN AR GAEL

RHOWCH WYBOD I AELOD O STAFF OS OES GENNYCH UNRHYW ALERGEDD NEU ANODDEFGARWCH BWYD GAN Y GALL RHAU PRYDAU GYNNWYS CYNHWYSION NAD YDYNT WEDI EU RHESTRU AR Y FWYDLEN.

